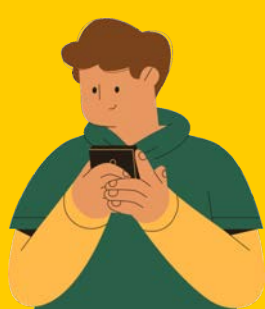


EXCESSIVE USE OF SOCIAL NETWORKS: PSYCHOSOCIAL PROFILE OF SPANISH ADOLESCENTS

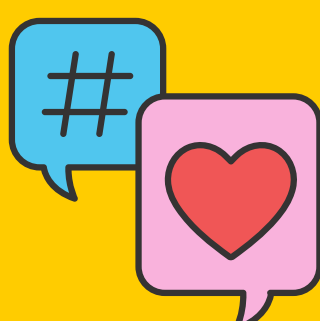
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[HTTPS://DOI.ORG/10.3916/C56-2018-10](https://doi.org/10.3916/C56-2018-10)

INTRODUCTION



Excessive use

It takes places when the time employed prevents the development of everyday life.



Social networks

Strong presence of adolescents in social networks: to express personality.



Rules of use

Progenitors use mediation strategies to regulate the use their offspring do of the Internet.

METHODOLOGY AND RESULTS

The aim of this research is to study the social and psychological profile of the adolescents that perform an excessive use of social networks.

Multi-age sampling by conglomerates and NEO FFI y Self-Concept AF5 scales

Participants comprised 1,102 adolescents aged between 11 and 18 from Girona (Spain)

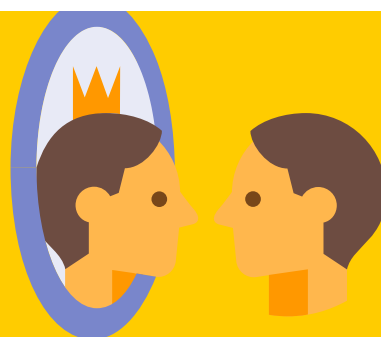
Neuroticism, impulsivity, lower family, academic and emotinal self-concept.



CONCLUSIONS



Females tend to show a greater excessive use than males.



A good level of self-esteem works as a protective factor against ICT addictions.



It is necessary to create separate interventions per sex and to develop the responsible use of ICTs in the family environment, since adolescents imitate progenitors and siblings.

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