# BULLYING AND CYBERBULLYING IN LGBT ADOLESCENTS: PREVALENCE AND EFFECTS ON MENTAL HEALTH

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# **INTRODUCTION**



## Cyberbullying

A new type of bullying, which uses ICT to bully classmates. Cybervictimization rates between 10% and 70% have been reported in LGBTs



## LGBT-phobia Defined as a hostile attitude of aversion that considers that a non-normative sexual orientation is inferior, pathological



### Deterioration of mental health

further deterioration of their mental health, compared to health of heterosexual cybervictims and cyberaggressors

# OBJECTIVES

To analyze possible differences as a function of sexual orientation in the percentage of victims and aggressors of bullying and cyberbullying and in the amount of aggressive behaviors suffered and performed in both groups;

### 2 ° OBJ.

To compare the mental health of heterosexuals and nonheterosexuals who have been victims, aggressors, cybervictims and cyberaggressors



### H

The percentage of victims and cybervictims will be significantly higher in the group of non-heterosexual adolescents

# **METHODOLOGY**

### H2

The amount of behavior suffered by victims and cybervictims will significantly be higher in the group of nonheterosexuals

#### H3

Non-heterosexual victims, cybervictims, aggressors, and cyberaggressors will have significantly poorer mental health

#### Sample

N= 1.748 adolescents (aged13 to 17 years) from 19 schools 52.6% girls / 47.4% boys 87.5% heterosexual, 0.7% gay, 0.2% lesbian, 5.7% bisexual, 5.9% are unsure of their sexual orientation

#### Instruments

Sociodemographic questionnaire Bullying and cyberbullying scales Beck Depression Inventory-II Social Anxiety Scale for Adolescents 90-Symptom Checklist-Revised

# **RESULTS AND CONCLUSIONS**



Results show that nonheterosexual victims/ cybervictims, compared to heterosexual victims/ cybervictims, had suffered a higher amount of aggressive bullying and cyberbullying



Non-heterosexual victims and aggressors significantly have more depression, social anxiety, and more psychopathological symptoms in all the scales



LGBTs also develop more psychopathological symptoms due to the victimization/cybervictimiz ation they suffer from than the heterosexuals who are bullied/cyberbullied



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