Secondary school teenagers in the Valencian Community spend an average of 47.23 minutes a day playing video games. Less time during the week and a considerable increase at the weekend.

Teens who spend more time playing video games on weekdays than on weekends fail more subjects and those who spend more time on weekends get better grades in school.

There is also an inverse relationship between academic performance and time spent playing video games, i.e. the more time spent playing, the lower the academic performance.