



**APA  
STYLE**

Comunicar

# APA 7<sup>th</sup> EDITION MANUAL STYLE

*Comunicar version*

How to reference  
written works



How to reference  
audiovisual media



How to reference  
Web and social media



Formal aspects  
Tables and figures



Other aspects  
in APA 7



How to reference  
written works

How to reference  
audiovisual media

How to reference  
Web and social media

Formal aspects  
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[Article from journal](#)  
[Article in press](#)  
[Article in preprint](#)  
[Entry in blog](#)  
[Book](#)  
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[Entry from dictionary](#)  
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[Ethical codes](#)  
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# Journal article

**Scientific name** (last names with hyphens + initials without spaces).  
**(Year).** **Title of the article** (after “:”, start with capital letter).  
**Name of the journal with capital letters in each word that is a noun, volume (number), pages.** DOI with <https://doi.org> (never <http://dx.doi.org>)

Check DOI in <https://search.crossref.org>  
If the DOI is not found, introduce link with <https://bitly.com>

Until 20 authors in the list of references

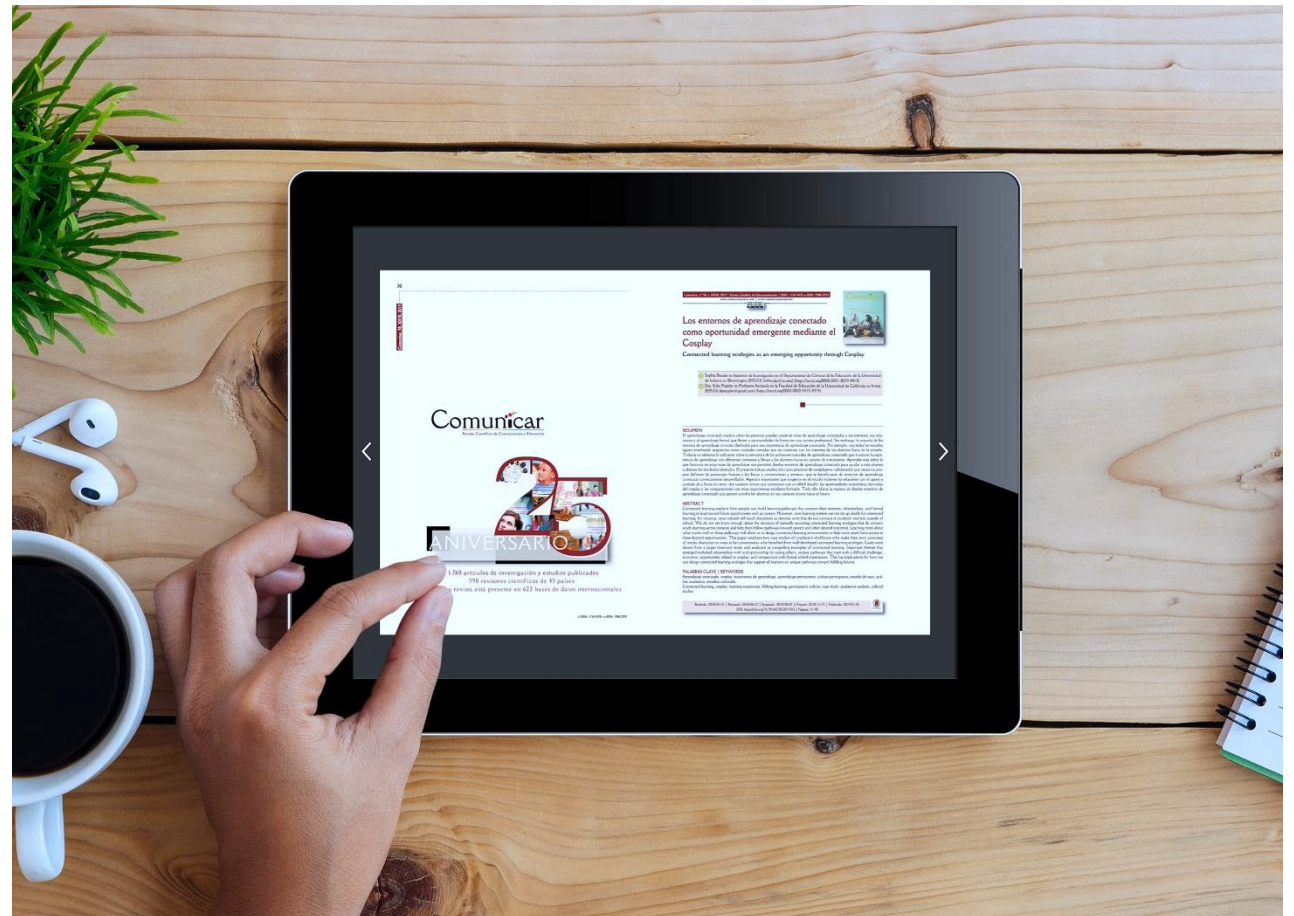
## Example

García-López, J.S., & Yelinek, J. (2019). Emotions in storybooks: A comparison of storybooks that represent ethnic and racial groups in the United States. *Psychology of Popular Media Culture*, 8(3), 207-217. <https://doi.org/example>

## Example bilingual journal

González-Sanmamed, M., Estévez, I., Souto-Seijo, A., & Muñoz-Carril, P. (2020). **Digital learning ecologies and professional development of university professors. [Ecologías digitales de aprendizaje y desarrollo profesional del docente universitario].** *Comunicar*, 28(62), 9-18. <https://doi.org/10.3916/C62-2020-01>

\*See original guidelines APA 7: <https://bit.ly/2vOaoFa>



## Parenthetical citations

**One or two authors from the first cite:**  
(García-López & Yelinek, 2019)

**Three or more authors from the first cite:**  
(González-Sanmamed et al., 2020)

## Citations in the text

**One or two authors from the first cite:**  
García-López y Yelinek (2019)

**Three or more authors from the first cite:**  
cite:González-Sanmamed et al. (2020)

**Scientific name** (last names with hyphens + initials without spaces).  
(Year, month and day). **Title of the news** (after “:” start with capital letter), **Name of the newspaper**. Shortened link with **bit.ly**

Until 20 authors in the list of references.

## Example

Carey, B. (2019, March 22). Can we get better at forgetting? *The New York Times*. <https://bit.ly/example>

## Parenthetical citation

One or two authors from the first citation: (Carey, 2019)

Three or more authors from the first citation: (Carey et al., 2019)

## Citation in the text

One or two authors from the first citation: Carey (2019)

Three or more authors from the first citation: Carey et al. (2019)

**\*See original guidelines APA 7:** <https://bit.ly/2QFjo6O>

**Scientific name** (last names with hyphens + initials without spaces).  
(Year). **Title of the article** (after “:” start with capital letter).  
**Repository of the preprint/ name of the journal**  
**DOI link** or shortened with **bit.ly**

Until 20 authors in the list of references.

## Example

Hampton, S., Rabagliati, H., Sorace, A., & Fletcher-Watson, S. (2017). *Autism and bilingualism: A qualitative interview study of parents' perspectives and experiences*. PsyArXiv. <https://doi.org/example>

## Parenthetical citation

One or two authors from the first citation: (Hampton & Rabagliati, 2019)

Three or more authors from the first citation: (Hampton et al., 2019)

## Citation in the text

One or two authors from the first citation: Hampton y Rabagliati (2019)

Three or more authors from the first citation: Hampton et al. (2019)

**\*See original guidelines APA 7:** <https://bit.ly/2vFLirM>



# Blog post

**Scientific name** (last names with hyphens + initials without spaces). **(Year, month and day)**. **Title of the blog post** (after “.” start with capital letter), **Name of the blog**. Shortened link with <https://bitly.com>

Until 20 authors in the list of references.

## Example

Ouellette, J. (2019, November 15). Physicists capture first footage of quantum knots unraveling in superfluid. *Ars Technica*.  
<https://bit.ly/example>

## Parenthetical citation

One or two authors from the first citation: (Ouellette, 2019)

Three or more authors from the first citation: (Ouellette et al., 2019)

## Citation in the text

One or two authors from the first citation: Ouellette (2019)

Three or more authors from the first citation: Ouellette et al. (2019)

\*See original guidelines APA 7: <https://bit.ly/3dyymFs>





**Scientific name** (last names with hyphens + initials without spaces). **(Year)**. **Title of the book** (after “.” start with capital letter). **Publisher**. DOI link or shortened with **bit.ly**

Until 20 authors in the list of references.

## Example

Sapolsky, R.M. (2017). *Behave: The biology of humans at our best and worst*. Penguin Books. <https://doi.org/example>

## Parenthetical citation

One or two authors from the first citation: (Sapolsky, 2019)

Three or more authors from the first citation: (Sapolsky et al., 2019)

## Citation in the text

One or two authors from the first citation: Sapolsky (2019)

Three or more authors from the first citation: Sapolsky et al. (2019)

*\*See original guidelines APA 7:* <https://bit.ly/2Qly3hl>



**Scientific name** (last names with hyphens + initials without spaces). **(Year)**. **Title of the chapter** (after “.” start with capital letter). **In scientific name** (1<sup>st</sup> Initials + Last name), **(Ed/s)**, **Title of the book** (pp. pages). **Publisher**. DOI link or shortened with **bit.ly**

Until 20 authors in the list of references.

## Example

Dillard, J.P. (2020). Currents in the study of persuasion. In M.B. Oliver, A.A. Raney, & J. Bryant (Eds.), *Media effects: Advances in theory and research* (pp. 115–129). Routledge. <https://doi.org/example>

## Parenthetical citation

One or two authors from the first citation: (Dillard, 2019)

Three or more authors from the first citation: (Dillard et al., 2019)

## Citation in the text

One or two authors from the first citation: Dillard (2019)

Three or more authors from the first citation: Dillard et al. (2019)

*\*See original guidelines APA 7:* <https://bit.ly/33J38Xm>

# Dictionary and Wikipedia post

**Name of the dictionary (Ed.) (n.d.). Entry from the dictionary. In Name of the dictionary. Shortened link with bit.ly**

## Example dictionary

American Psychological Association (Ed.) (n.d.). Just-world hypothesis. In *APA dictionary of psychology*. <http://bit.ly/example>

*\*See original guidelines APA 7:* <https://bit.ly/3bybQuD>

**Title Wikipedia entry (Ed.) (Year, month and day). In Wikipedia. Shortened link with bit.ly**

## Example Wikipedia

Oil painting (Ed.) (2019, December 8). In *Wikipedia*. <http://bit.ly/example>

*\*See original guidelines APA 7:* <https://bit.ly/39adoJu>



## Parenthetical citation

(American Psychological Association, n.d.)  
(Oil painting, 2019)

## Citation in the text

American Psychological Association (n.d.)  
Oil painting (2019)



## Government agency report

**Name government agency (Ed.) (Year). *Title of the report* (after “:” start with capital letter).**

**Name of the publishing/ department/institution that edits.**  
**Shortened link with [bit.ly](#)**

### Example

National Cancer Institute (Ed.) (2019). *Taking time: Support for people with cancer*. U.S. Department of Health and Human Services. <http://bit.ly/example>

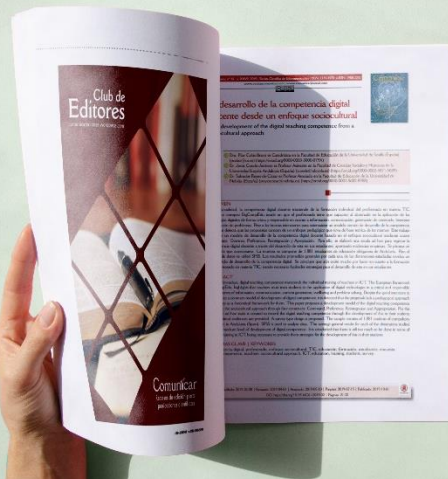
### Parenthetical citation

(National Cancer Institute, 2019)

### Citation in the text

National Cancer Institute (2019)

**\*See original guidelines APA 7:** <https://bit.ly/33HHgf6>



## Report with individual authors

**Scientific name (last names with hyphens + initials without spaces). (Year). *Title of the report* (after “:” start with capital letter)**  
**Name of the institution. Shortened link with [bit.ly](#)**

Hasta 20 autores en el listado de referencias

### Example

Stuster, J., Adolf, J., Byrne, V., & Greene, M. (2018). *Human exploration of Mars: Preliminary lists of crew tasks*. National Aeronautics and Space Administration. <http://bit.ly/example>

### Parenthetical citation

**One or two authors from the first citation:** (Stuster & Adolf, 2018)

**Three or more authors from the first citation:** (Stuster et al., 2018)

### Citation in the text

**One or two authors from the first citation:** Stuster y Adolf (2018)

**Three or more authors from the first citation:** Stuster et al. (2018)

**\*See original guidelines APA 7:** <https://bit.ly/2vKWx2I>



# Ethics code and conferences

**Name of the institution (Ed.) (Year). Title of the ethical code.**  
**Shortened link with bit.ly**

## Example ethical code

American Nurses Association (Ed.) (2015). *Code of ethics for nurses with interpretive statements*. <http://bit.ly/example>

*\*See original guidelines APA 7:* <https://bit.ly/2y6MbKX>

**Scientific name** (last names with hyphens + initials without spaces).  
**(Year). Title of the conference** (after “:” start with capital letter).  
**[Conference]. Institution, City, Country.** Shortened link with <https://bitly.com>

## Example conference

Evans, A.C., Garbarino, J., Bocanegra, E., Kinscherff, R.T., & Márquez-Greene, N. (2019). *Gun violence: An event on the power of community* [Conference]. APA 2019 Convention, Chicago, IL, United States.

*\*See original guidelines APA 7:* <https://bit.ly/2Uh52eI>



## Parenthetical citation

(American Nurses Association, 2015)  
(Evans et al., 2019)

## Citation in the text

American Nurses Association (2015)  
Evans et al. (2019)

## Published Master and Doctoral Thesis

**Scientific name** (last names with hyphens + initials without spaces). **(Year)**. **Title of the thesis** (after “:” start with capital letter) [Doctoral/Master dissertation, University]. Publisher. Link shortened with [bit.ly](#)

### Example

Kabir, J.M. (2016). *Factors influencing customer satisfaction at a fast food hamburger chain: The relationship between customer satisfaction and customer loyalty* [Doctoral dissertation, Wilmington University]. ProQuest Dissertations & Theses Global. <http://bit.ly/example>

### Parenthetical citation

One or two authors from the first citation: (Kabir, 2016)

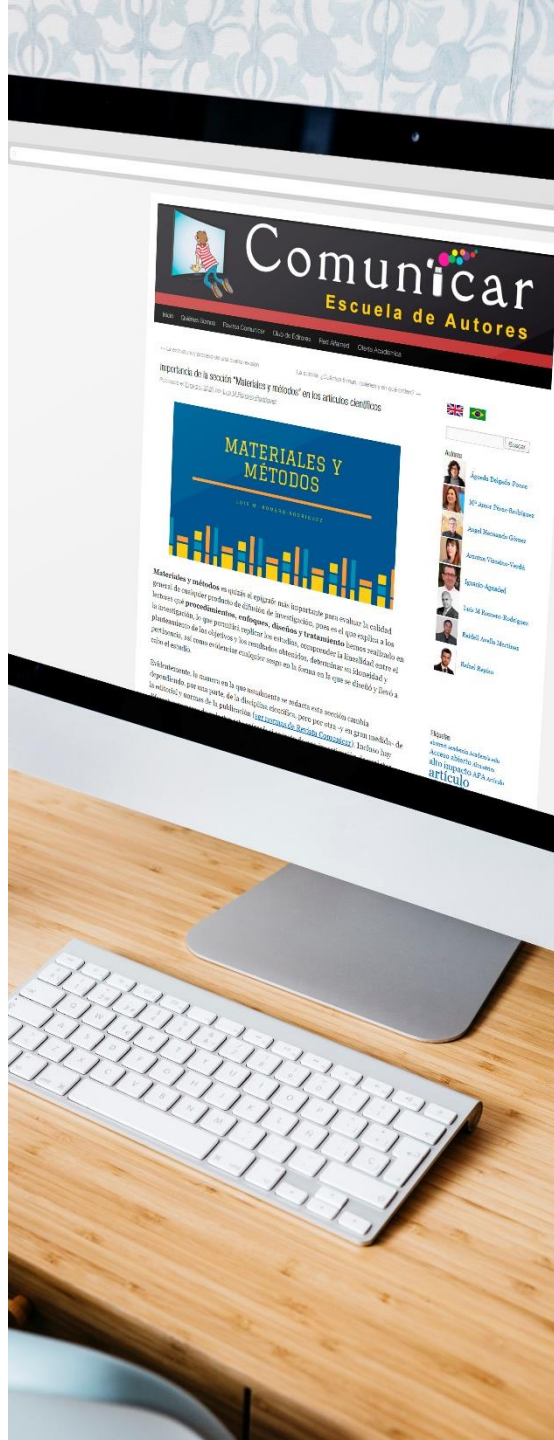
Three or more authors from the first citation: (Kabir et al., 2016)

### Citation in the text

One or two authors from the first citation: Kabir (2016)

Three or more authors from the first citation: Kabir et al. (2016)

*\*See original guidelines APA 7:* <https://bit.ly/2UAVNoD>



## Unpublished Master and Doctoral Thesis

**Scientific name** (last names with hyphens + initials without spaces). **(Year)**. **Title of the thesis** (after “:” start with capital letter) [Unpublished Doctoral/Master dissertation] University.

### Example

Harris, L. (2014). *Instructional leadership perceptions and practices of elementary school leaders* [Unpublished doctoral dissertation]. University of Virginia.

### Parenthetical citation

One or two authors from the first citation: (Harris, 2019)

Three or more authors from the first citation: (Harris et al., 2019)

### Citation in the text

One or two authors from the first citation: Harris (2019)

Three or more authors from the first citation: Harris et al. (2019)

*\*See original guidelines APA 7:* <https://bit.ly/2J9pGXR>



How to reference  
written works



How to reference  
Audiovisual Media

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How to reference  
Web and social media



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Tables and figures



Other aspects  
in APA 7



# Films and TV series

**Last name and initials without spaces (Director) (Year). Title of the movie [Film]. Producer.**

## Example movie

Fleming, V. (Director). (1939). *Gone with the wind* [Film]. Metro-Goldwyn-Mayer.

\*See original guidelines APA 7: <https://bit.ly/2Jd9GV6>

**Last name and initials without spaces (Executive Producer) (Starter year- last year). Serie title. [TV series]. Producer.**

## Example TV series

Serling, R. (Executive Producer). (1959-1964). *The twilight zone* [TV series]. CBS Productions.

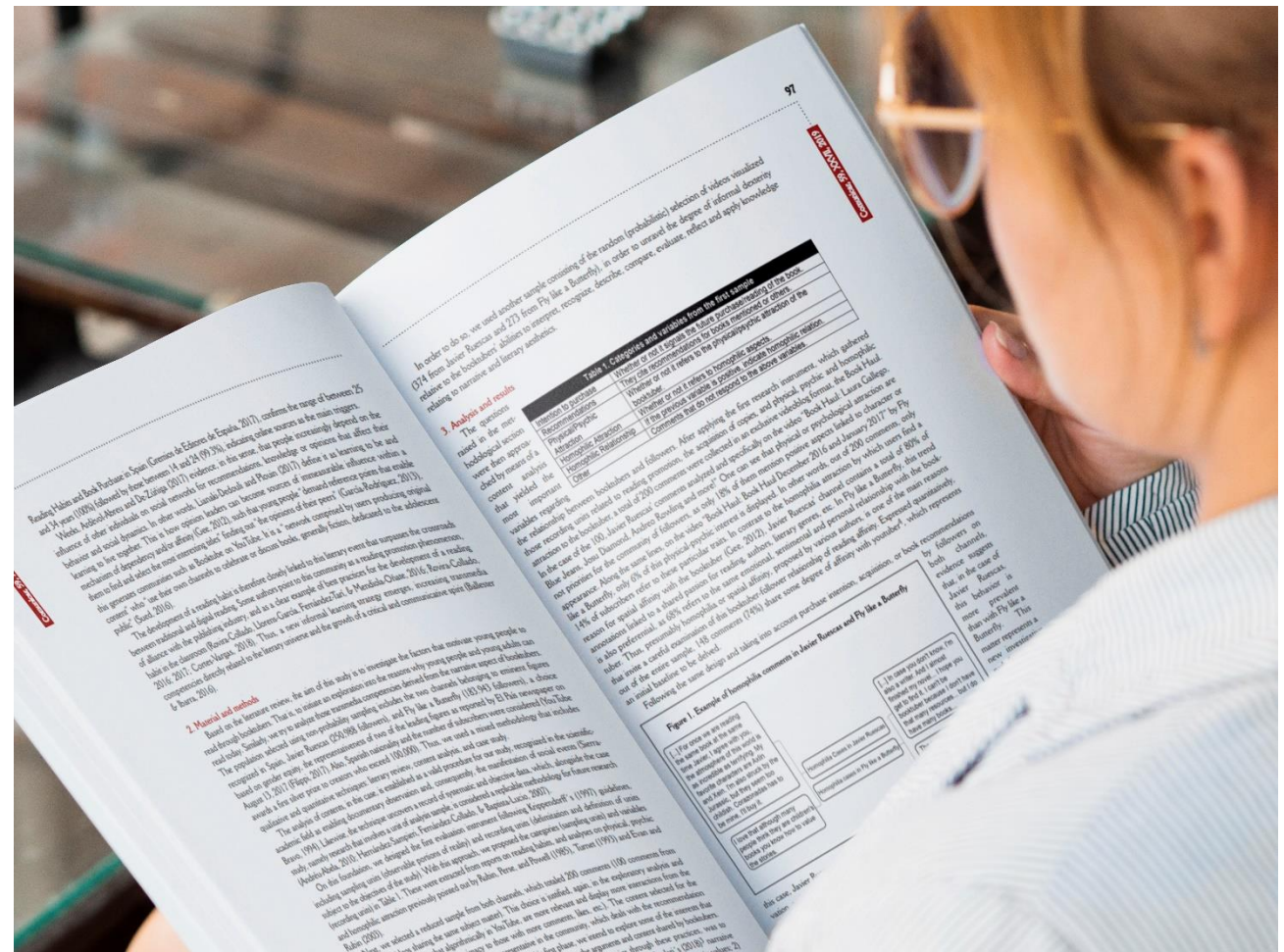
\*See original guidelines APA 7: <https://bit.ly/2J8Hqmq>

**Last year and initials without spaces (Year). Title of the song [Music]. Recording company.**

## Example Music

Picker, T., & McClatchy, J. D. (1995). *Emmeline: An opera in two acts* [Music]. Schott Music.

\*See original guidelines APA 7: <https://bit.ly/2UjaBJX>



Parentetical citation

(Fleming, 1939)  
(Serling, 1959-1964)  
(Picker & McClatchy, 1995)

Citation in the text

Fleming (1939)  
Serling (1959-1964)  
Picker y McClatchy (1995)

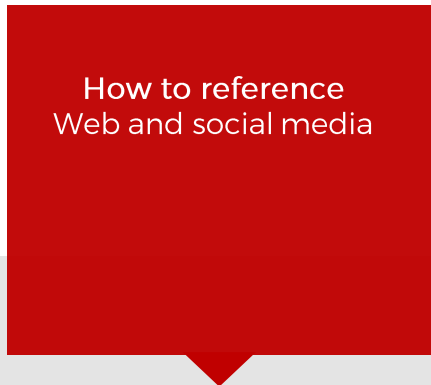
How to reference  
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Audiovisual Media



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Web and social media



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[Instagram](#)  
[YouTube](#)  
[Twitter](#)  
[LinkedIn](#)  
[TikTok](#)





Name of the institution or author of the web space (Ed.) (Year). Title of the information or web space consulted. Producer. Shortened link with bit.ly

### Example web

World Health Organization (Ed.) (2018). *The top 10 causes of death*. <http://bit.ly/example>

\*See original guidelines APA 7: <https://bit.ly/2UvUBTG>

### Parenthetical citation

(World Health Organization, 2018)

### Citation in the text

World Health Organization (2018)



# Social Media



**Name of the account cuenta** [**@User name**] (n.d.). **Home** [Facebook / Twitter / Instagram / LinkedIn / TikTok / YouTube page]. **Name of the social network. Shortened link with bit.ly**



Example page / account / profile

Revista Comunicar [**@Rev\_comunicar**] (n.d.). *Home* [Twitter page]. Twitter. <http://bit.ly/example>



**Name of the account** [**@User name**] (Year, Month and Day). **Title or text of the entry** [Status update / Photo / Video]. **Name of the social network. Shortened link with bit.ly**



Example posted entry

Revista Comunicar [**@Rev\_comunicar**] (2020, March 25). *Example of social media post* [Status update]. Instagram. <http://bit.ly/example>



*\*See original guidelines APA 7:* <https://bit.ly/2Uj6PA8>



Parenthetical citation

(Revista Comunicar, 2020)

Citation in the text

Revista Comunicar (2020)

# Tables and Figures Comunicar



Figure + number. Title of the figure, centered at the top and without period at the end.

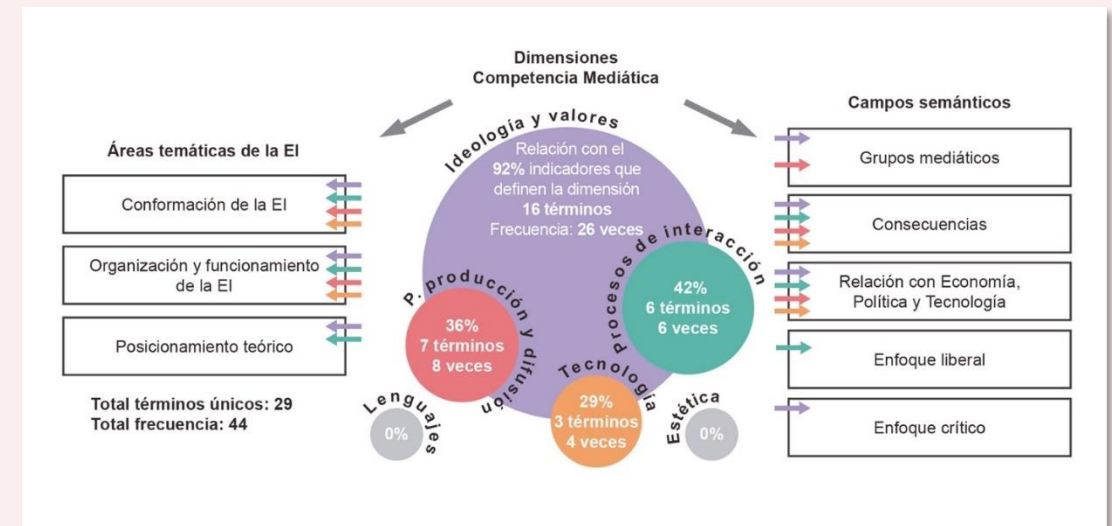
Second line with gray base, text in black. In bold (Arial, 9 pt.)

First line with black base, text in white in bold (Arial, 10 pt.; simple space with 2 pt previous and after space)

Figure 1. Example title of the figure

Tabla 4. Estadísticos descriptivos obtenidos		
Factor	Media	Desviación estándar
Proyectos académicos	4,059	0,970
Habilidad técnica	3,863	0,891
Gestión de información	3,818	0,858
Comunicación	3,643	0,854
Pensamiento crítico y resolución de problemas	3,625	0,834
Creatividad general	3,277	1,049
Uso de TIC por el profesorado	3,249	1,015
Uso de TIC por el alumnado	2,537	1,170
Creatividad técnica	2,434	1,164

Nota. Ejemplo de nota.



Note. Example of note.

Notes to the end of the table aligned to the left and ended in period (Arial, 9 pt.)

Notes to the end of the table aligned to the left and ended in period (Arial, 9 pt.)





# OTHER ASPECTS IN APA 7<sup>th</sup> Ed.

Plagiarism ✎

Format of documents ✎

Language free of prejudices ✎

Research and publication ✎

APA 6 vs. APA 7 ✎



Comunicar



The geographical location of the editor is not included in the reference.

## APA 6

Freire, P. (2012). *Pedagogía del oprimido*. Madrid: Siglo XXI.

## APA 7

Freire, P. (2012). *Pedagogía del oprimido*. Siglo XXI.

There should be given the last names and initials from up to 20 authors in the list of references.

## APA 6

Kaess, M., Durkee, T., Brunner, R., Carli, V., Parzer, P., Wasserman, C., ... Zibera, J. (2014). Pathological Internet use among European adolescents: Psychopathology and self destructive behaviors. *European Child & Adolescent Psychiatry*, 23(11), 1093-1102. [https://doi.org/10.1016/s0924-9338\(13\)76661-6](https://doi.org/10.1016/s0924-9338(13)76661-6)

## APA 7

Kaess, M., Durkee, T., Brunner, R., Carli, V., Parzer, P., Wasserman, C., Sarchiapone, M., Hoven, C., Apter, A., Balazs, J., Balint, M., Bobes, J., Cohen, R., Cosman, D., Cotter, P., Fischer, G., Floderus, B., Iosue, M., Haring, C., ... Zibera, J. (2014). Pathological Internet use among European adolescents: Psychopathology and self destructive behaviors. *European Child & Adolescent Psychiatry*, 23(11), 1093-1102. [https://doi.org/10.1016/s0924-9338\(13\)76661-6](https://doi.org/10.1016/s0924-9338(13)76661-6)

The links DOI are included directly with the URL. The label "DOI:" is deleted.

## APA 6

Lozano-Blasco, R., & Cortés-Pascual, A. (2020). Problematic Internet uses and depression in adolescents: A meta-analysis. [Usos problemáticos de Internet y depresión en adolescentes: Meta-análisis]. *Comunicar*, 63(28). DOI: 10.3916/C63-2020-10

## APA 7

Lozano-Blasco, R., & Cortés-Pascual, A. (2020). Problematic Internet uses and depression in adolescents: A meta-analysis. [Usos problemáticos de Internet y depresión en adolescentes: Meta-análisis]. *Comunicar*, 63(28). <https://doi.org/10.3916/C63-2020-10>

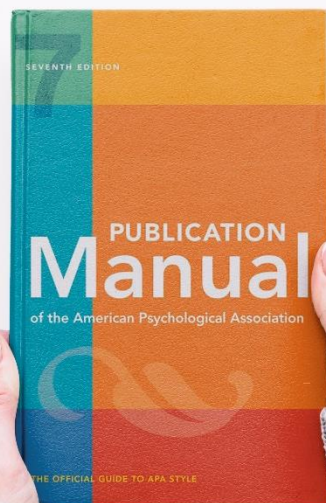
The citation in the text for works with three or more authors is shortened with "et al." since the first time.

## APA 6

(...) la falta de normas por parte de las familias en cuanto al uso de las nuevas tecnologías parece propiciar la aparición de síntomas depresivos (Bickhan, Hswen, & Rich, 2015).

## APA 7

(...) la falta de normas por parte de las familias en cuanto al uso de las nuevas tecnologías parece propiciar la aparición de síntomas depresivos (Bickhan et al., 2015).





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